



OHE

Organization of Healthcare Educators

The O.H.E. Report

Volume 9, Issue 1

April 2015

Inside this issue:

Message from the President	1
Program Synopsis	1
Future OHE Programs	2
OHE Board	2
OHE Goals & Mission and Vision Statements	2
A Message from a New Board Member	3-4
Save the Dates	4

If you would like to submit an article to the newsletter, please email your submission to Sue Nuñez: susan.nunez@methodisthospital.org or call 626-484-9866.

We're on the Web!



<http://www.o-h-e.net>

Facebook/OHE: Organization of Healthcare Educators

Message from the President:



Happy 2015 to all. A few of our goals this year are to increase our membership and encourage renewal of membership from current educators. We have many exciting programs scheduled this year and we are very pleased to announce the entire year's schedule so you can make your plans early. We have a few new board members this year who are committed to enhancing our programs. I'd like to encourage other members to actively participate in any of our functions. All board meetings are open to members (posted on last page). We are only as strong as our members, you who are committed to teaching and continued learning. I look forward to working with our new board and meeting the participants of our programs.

I hope you can attend these programs to enhance your practice and progress in your career with these helpful topics. Thank you for being a member of the Organization of Healthcare Educators (OHE).

Sincerely, Ilene Frost, MSN, RNC
2015 President OHE

2015 OHE Board Installation Brunch at the Quiet Cannon

On January 16th, OHE held the annual board installation which included a program on "Financial Wellness." Patrice Daniels, a nurse practitioner and a licensed financial professional, offered advice for work-life balancing through financial stability. She focused on two critical phases of one's financial life; the Construction Management phase (age 25-55) focusing on debt elimination strategies and saving, and the Retirement Income phase (age 55 and older) discussing proper positioning of retirement assets to ensure lifetime income. It was an interesting lecture for the mixed crowd.

Our 2015 board members were installed. The new members are: Ilene Frost— President; Jessica Klaristenfeld— President Elect; Maria Suarez— VP of Programs; Sue Shieff— Assistant VP of Programs; Secretary— Sandra Hall; Treasurer— Lynette Dahlman; VP of Membership— Nicole Olson-Garcia; and Members-at-Large— Lisa Johnson, Jamie Eisenberg, and Sue Nuñez.



Left to right— Ilene F., Sandy H., Lynette D., Sue S., Jessica K., Nicole G., Maria S., Missing: Sue N., Lisa J., Jamie E.



The Organization of Healthcare Educators (OHE) is a non-profit professional organization committed to providing leadership, professional support and development in all areas of healthcare education

We are committed to:

- . Management education and leadership training.
- . Training and career development.
- . Continuing education and staff development.
- . Patient and Community education.

Our values statement: We will demonstrate professionalism, integrity, excellence, collegiality, service and continuous learning.

OHE Plans for 2015: SAVE THE DATES!!!

OHE has planned an amazing year of interesting programs. We look forward to new leadership in our organization and growth among healthcare educators in Southern California. Our programs are:



April 17: This is part one of two programs. If you register for this program and November 13th program, you will get a discount in the price if attending today's program. Today's program is "Sharing your success—Writing effective abstracts and designing professional posters."

The Association for Nursing Professional Development (ANPD) Annual Convention will be held on **July 14-17, 2015** in Las Vegas. "Aspire to Excel" is the theme for the convention this year. It promises to be filled with exciting new tips to bring home to your organization.

September 25th is our all-day program, "The Role of the Transformational Leader in Critical Conversations in Healthcare" hosted by Huntington Memorial Hospital in the North, South, and East Rooms, in Pasadena. Cheri Clancy is our speaker for this power-packed event. Cheri has received various honors and awards including recognition from the March of Dimes in Nursing Leadership Excellence and was featured in the AONE's, *The Voice of Nursing Leadership Journal*.

November 13th, Part 2 of today's program will be "Writing for Publication." Susan Bindon is a renown speaker and author of many nursing publications. We are excited to sponsor her lecture. Our host for the program is Pasadena City College. There is a discount for this program if you attend April as well.

The OHE Board is very excited to have a full calendar of educational events planned for you.

2015 OHE Board Members:

PRESIDENT:

Ilene Frost, MSN, RNC
ilene0116@gmail.com

PRESIDENT ELECT:

Jessica Klaristenfeld, MSN, RN-BC
JKlaristenfeld @chla.usc.edu

VICE PRESIDENT OF PROGRAMS:

Maria Suarez, MSN, RN, CNS
msuarez@mail.cvhp.org

CO-VP OF PROGRAMS:

Sue Shieff, MS, RN
sue.shieff@gte.net

SECRETARY:

Sandra Hall, MSN, RN
sahall@chla.usc.edu

TREASURER:

Lynette Dahlman, MSN, RN-BC, NEA-BC
lynette.dahlman@huntingtonhospital.com

VP OF MEMBERSHIP:

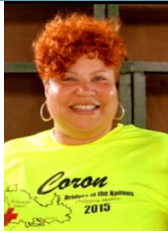
Nicole Olsen-Garcia, MSN, RN, PNP
nogarcia@chla.usc.edu

MEMBERS AT LARGE:

- ◇ Jamie Eisenberg, MSN, RN
jeisenebe@charter.net
- ◇ Lisa Johnson, MSN, RN, OCN
lisa.johnson@health.usc.edu
- ◇ Susan Nuñez, MSN, RN, CMSRN
susan.nunez@methodisthospital.org

HISTORICAL ADVISOR:

Sue Shieff, MS, RN
sue.shieff@gte.net



Missionary Nursing: How Being of Service Changed My Life

By Lisa Johnson, MSN, RN, OCN

I still remember working as a novice nurse on the nightshift with a nurse who shared with me that she spends her vacations as a missionary nurse. I remember thinking, “Wow, I want to be like her when I grow up.” But as the years past and I gained more certifications, degrees, and accolades, the focus outside the walls of my hospital or local community grew further away. But through the efforts of my local church that actually puts legs to their love, I was reintroduced to a call to serve the nations. So for the past 4 years I have dedicated at least one week of my vacation time to providing healthcare to the underprivileged in areas outside of my community. My first experience was to the Province of Carriés in Haiti. We adopted a village there and provided ongoing support by way of health & dental care, in addition to providing the much needed support of water wells, clothing, and food. During that first mission trip, I remember trying to be the nurse I am in the States. The most common conditions we were encountering was severe hypertension and vaginal infections. I was determined after day one to make an impact on the vaginal infections. I began attempting to educate my patients on strategies to prevent further infections. That’s when I was slapped into the reality that my teaching on “proper wiping/cleaning techniques” was naïve. In this area the method of wiping wasn’t necessarily the issue, but the “what”. They don’t have toilets or toilet paper...hmmm. Determined to still make an impact on this very preventable condition our team returned the following year with portable bidets accompanied by education hand-outs in their native language.

Our most recent mission trip to Coron, Palawan, Philippines took place in March 2015. Our team consisted of five physicians, one nurse, two dentists, and trained ancillary staff to support the providers. As a nurse and educator, I took on a major part of this training role; creating reference documents, set up staging for triage, and support scenario training. This particular trip was different as we served as a mobile mission team reaching out to three unreachable areas in Coron. One was deep into the mountains accessed via an adventurous unpaved back road, and another was two hours off the mainland by boat. The medical conditions of those we treated this year were very different from those we had encountered in Haiti. The most pervasive problem was tooth decay. Our dentists performed extractions on almost every person seen. We saw just over 1100 patients in three days of outreach clinic. Here, the most common medical conditions were hypertension and upper respiratory infections. As our team has evolved, we have determined that one of our core objectives is to provide education and this year’s efforts were our best yet. Through fundraising and donations we were able to provide a kit for 24 villages that included one glucometer & supplies, one nebulizer (with medications), one stethoscope, one blood pressure cuff, and one water filter. On our last day in Coron, we hosted a training day where each village sent their chosen representatives to be trained to use the contents of the kit. We trained over 100 individuals on how to use this supportive equipment. Our final intervention was to train a local physician on the use of an interosseous kit with supplies donated by a vendor in the US. This training day was very successful and will probably be the model we utilize moving forward.

We have saved lives in areas where people die from very treatable and preventable conditions due to their lack of access. The only requirement to join this league of healthcare providers is to have a willing and able mind, body, & spirit. Serving others in this capacity has changed me in so many ways: I complain less, I serve more, I am so much more grateful, and I see the beauty in the little things every day. Spiritually I was renewed and came back more focused on the objectives in my life. (con’t page 4)



Missionary Nursing, con't.

One of the biggest rewards I take away from this yearly venture is that it provides a fasting period from my daily action-packed life. There is no cell service, no internet, no cable TV, no emails, no LA traffic, and no calendar juggling. Upon return, I am very mindful to evaluate what I reintroduce into my life; so I get to reset my priorities. The miraculous stories I have lived as a result of making myself available to provide care to the underserved motivates me to maintain a commitment to be of service locally and globally.

Board Meetings:

August 11, 2015: Site to be decided; time 5:00 pm-8:00 pm

September 25, 2015 after program (Huntington Hospital)

All members are welcome to the board meetings. Be active, contribute.

Installation pictures

January 18, 2015

