



# OHE

## The O.H.E. Report

Organization of Healthcare Educators

Volume 5, Issue 2

April, 2011



O.H.E. is proud to be an NNSDO Affiliate

See page 5 for 2011 conference details!

### Inside this issue:

Huntington Achieves Magnet!	1
2011 Board Installation	1
Message from the President	2
OHE is now on Facebook!	2
2011 Programs "Save the Dates"	3
Word Search—For Fun!	3
CVHP—Leadership Academy	3
OHE Member Achievements	4

## Huntington Hospital Achieves Magnet® Designation

**After years of preparation and countless hours of waiting, the results came in on March 21st!**

Huntington was notified by the American Nurses Credentialing Center (ANCC) that it has achieved Magnet® recognition, the highest honor a U.S. hospital can receive for its nursing program. Nearly 200 nurses and employees had gathered in the Braun Auditorium for the conference call with the ANCC's Magnet Commission, which convened in Maryland

The news was delivered to Lulu Rosales, RN, MSN, director of professional practice/Magnet program and Bonnie Kass, vice president and chief nursing executive, in an auditorium full of anxious Huntington employees. A member of the commission congratulated Huntington for being hospital number 22 in California to receive Magnet recognition. "Earning Magnet recognition is a testament to the extraordinary nursing care available at Huntington Hospital," said Bonnie. "Our nurses have worked tirelessly to achieve this accomplishment." Stephen Ralph, president and



Pictured at left: CNE Bonnie Kass, RN, BSN, MBA, NE-BC with Lulu Rosales, MSN, RN Director of Professional Practice/Magnet Program

CEO added, "It is our patients and community who will benefit most from Huntington receiving Magnet status. The designation signifies a superior level of care – that must be earned and maintained vigilantly."

Only 6 percent of the nation's hospitals have earned this prestigious designation, which recognizes healthcare organizations that demonstrate sustained excellence in nursing.

Magnet recognition means a hospital that has met the specific standards set forth by ANCC for the highest quality of nursing practice, patient care, and adherence to national standards and best practices. Huntington is the first hospital in the San Gabriel Valley to receive the designation, and one of only three in Los Angeles.

I am very proud to be a Huntington Nurse and to have participated in this historic event!

- Lynette Dahlman



## 2011 Board Installation Luncheon

The California Endowment was once again host for our annual Installation of Officers for the 2011 Board of OHE.

Our speaker, Jean Franzblau, led attendees in a "Decompression Session"- a seminar designed to teach tools and techniques to manage high stress work environments.

We all learned practical skills designed to increase

effectiveness and decrease burn-out, and we each received a copy of Jean's CD to use at any time we need to 'Decompress'.

Our 2011 Board Members are listed on page two of this newsletter, including their roles and contact information.

Nominations for the 2012 Board will begin in November—so start considering how you will contribute! Contact Debbie Reid if you are interested.

- Lynette Dahlman



Pictured (left to right): Miriam Melgar-Atanaya, Nicole Olsen-Garcia, Debbie Reid, Dwanette Judkins, Ilene Frost, Marsha Sato, Sue Sheiff, Lynette Dahlman. Not Pictured: Susan Berg-Levy, Pat Brienza, Susan Nunez, Pamela Shiao.

## Message from the President



### Message From the President Lynette Dahlman, MSN, RN-BC

Spring is here, and each of us are probably neck-deep in projects and deadlines—so it might be difficult to “stop and smell the flowers”.

When faced with challenges and busy days, we may overlook those important words and deeds that let our colleagues know how much we appreciate the things they do for us and their dedication to quality education and staff development.

On page four of our Newsletter we have an article on STTI’s latest publication geared towards providing inspiration and lifting our spirits. As Educators, we frequently put others’ needs

ahead of our own. When was the last time you took a few moments to acknowledge your colleagues, staff or yourself for that matter? Build it into your day as if it were a task to perform.

Here are some things you can do to acknowledge your staff or colleagues:

- Post a thank you note on a colleague’s door.
- Acknowledge individual achievements by using the employee’s name when preparing a status report.
- Inscribe a favorite book as a gift.
- Establish a place to display memos, posters, photos and so on, recognizing progress towards goals and thanking individual employees for their help.
- Design a “Stress Support Kit” that includes Ibuprofen, a comedy cassette,



wind up toys and a stress ball – or design your own.

- Create an “Above and Beyond the Call of Duty” (ABCD) Award.
- Give an employee a blue ribbon for achievement.
- Give a framed poem (poster or card) as a thank you.
- Give a note reading, “Thank you. You are a \_\_\_\_\_!” Attach a roll of Lifesavers.
- At an employee meeting, randomly tape gift certificates to the bottom of chairs (for the first time, choose chairs only in the front row).

Some of these ideas don’t cost anything— and they may mean the world to another. Don’t forget to remember all the good we do— and treat yourself once in a while, too!

*Lynette*



## 2011 OHE Board Members

### PRESIDENT:

Lynette Dahlman MSN, RN-BC  
[lynette.dahlman@huntingtonhospital.com](mailto:lynette.dahlman@huntingtonhospital.com)

### PRESIDENT-ELECT:

Debbie Reid, MSN, RN-BC,  
CPON [dreid@chla.usc.edu](mailto:dreid@chla.usc.edu)

### COPPS REPRESENTATIVE

Susan Berg-Levy RN, MS  
[sberglevy@aol.com](mailto:sberglevy@aol.com)

### VICE-PRESIDENT/

### PROGRAM CO-CHAIRS:

Dwanette Judkins, RN, MSN  
[dwanettejudkins@sbcglobal.net](mailto:dwanettejudkins@sbcglobal.net)

Miriam Melgar-Atanaya, BA  
[Miriam.melgar@huntingtonhospital.com](mailto:Miriam.melgar@huntingtonhospital.com)

### VICE-PRESIDENT/

### MEMBERSHIP:

Nicole Olsen-Garcia, RN, MSN,  
PNP; [nogarcia@chla.usc.edu](mailto:nogarcia@chla.usc.edu)

### SECRETARY:

Marsha Sato, MN, EdD, RN  
[MSato@msmc.la.edu](mailto:MSato@msmc.la.edu)

### TREASURER:

Ilene Frost, RN, MSN  
[Ilene.Frost@methodisthospital.org](mailto:Ilene.Frost@methodisthospital.org)

### MEMBER-AT-LARGE:

Pam Shiao, PhD, MSN, RN,  
FAAN; [pamelashiao@cdrewu.edu](mailto:pamelashiao@cdrewu.edu)

Pat Brienzo, BSN, MA, RN-BC  
[patricia.brienzo@tmmc.com](mailto:patricia.brienzo@tmmc.com)

Susan Nunez, MSN, RN,  
CMSRN; [susan.nunez@methodisthospital.org](mailto:susan.nunez@methodisthospital.org)

### HISTORICAL ADVISOR

Susan Shieff RN, MS  
[sue.shieff@gte.net](mailto:sue.shieff@gte.net)



The Organization of Healthcare Educators is now available to “friend” on Facebook® How Cool is that!

Finding us can be challenging so follow the directions below when searching for us.

We are just starting this— so it will be important for everyone to contribute. We see this as a site for idea sharing, job posting, questions & answers and other tidbits of info such as regulatory concerns and Educator “Pearls”.

Have ideas? Share them with us! We want to find new ways to connect with our members.

-Lynette Dahlman



Type:  
**OHE: Organization of Healthcare Educators**  
in the search box

Would you like more information on how you can join us and contribute to our community of professionals? Contact Lynette Dahlman at (626)397-2374  
[lynette.dahlman@huntingtonhospital.com](mailto:lynette.dahlman@huntingtonhospital.com)

## Save the Dates for Remaining 2011 Events

Here are the dates for what we have planned for 2011:

### July 29, 2011

Nursing Education: The Link Between Quality & Finance” Nancy Seck; Huntington Hospital

### September 30, 2011

“Competency– The Next Chapter” Donna

Wright; Torrance Memorial Medical Center

### December 2, 2011

“Compassion Fatigue” Speaker & Location TBD

### Interested in any or all of these events?

Contact Dwanette Judkins: (310) 297-9197

[dwanettejudkins@sbcglobal.net](mailto:dwanettejudkins@sbcglobal.net)

Or Miriam Melgar-Atanaya: (626) 397-5055

[miriam.melgar@huntingtonhospital.com](mailto:miriam.melgar@huntingtonhospital.com)

Do you have ideas for a great program? We would love to hear them! Remember– we are here to provide tools to help you meet your education needs.

- Lynette Dahlman



## Word Search for the NPD Specialist: Sometimes We Need to Play!



- Nursing
- Professional
- Development
- Specialist
- Mentor
- Educator
- Facilitator
- Researcher
- Consultant
- Advisor
- Colleague
- Leader
- Advocate
- Collaborator
- Quality
- Ethical
- Outcomes

*The beginning is the most important part of the work*

**-Plato**



**Enjoy!**

-Lynette Dahlman

## Citrus Valley Health Partners launches the CVHP Leadership Academy

The CVHP Leadership Academy officially launched in January with three cohorts of nurse leaders. All participants in the 1<sup>st</sup> quarter serve in the role of charge nurse at one of our three acute care campuses. The Academy is a six-workshop series consisting of debriefing, table top exercises, videos, slides, didactic and practicum exercises over each eight-hour workshop. The topics selected for the Academy workshops relate to specific quality, customer service and financial performance initiatives that are focal points of the CVHP Strategic Plan. Using both internal and external experts, participants experienced an interactive learning environment, with role-playing and table top exercises designed for them to practice and master their new learning.

The workshops are scheduled every other week, allowing for the

real-time practice during the non-workshop weeks alongside their department directors. Debriefing sessions at the beginning of each session allow participants to network and share best practices for tackling challenging management issues. At the end of March, 110 charge nurses along with their administrators, department directors and educators enjoyed an uplifting graduation ceremony that celebrated their accomplishments.

We will continue to present the academy to two cohorts for the remaining 3 quarters in 2011 with a different curriculum based on the participants’ job descriptions and roles. In 2012, we will roll out a new curriculum specific for the aspiring nurse leader.

-Lourdes Salandanan

Are you a member of NNSDO?

Being a member has its advantages—like access to:

- Member Forum
- CE Opportunities
- Conferences
- Best Practices
- Leadership Opportunities

Go to

<https://www.nnsdo.org/>

For more details



## 2011 NNSDO Conference

Sheraton Chicago  
July 7-10 2011

Pre-Convention Workshops:

July 6-7

Exhibit Dates:

July 7-9

Go to

<https://www.nnsdo.org/>

For more details



We're on the Web!  
<http://www.o-h-e.net/>

Would you like to contribute to our newsletter? Contact Lynette Dahlman (626)397-2374  
[lynette.dahlman@huntingtonhospital.com](mailto:lynette.dahlman@huntingtonhospital.com)

The **Organization of Healthcare Educators** was founded in 1979 as a local chapter of the American Society for Healthcare Education and Training. **OHE** is a non-profit organization that provides a forum in which healthcare education professionals can gain a broader perspective in healthcare education issues of local and national importance, and a setting in which healthcare educators can come together to network, share ideas and problem solve mutual educational objectives.

## OHE Board

### Meetings are open to all Members!

The Board meets every other month. Please join us. We welcome your input and expertise.

#### 2011 Scheduled Board Meeting Dates

April 29th (After the Program)

July 29th (After the Program)

September 17th; 1-3pm

November 14th (6-7pm Conference Call)

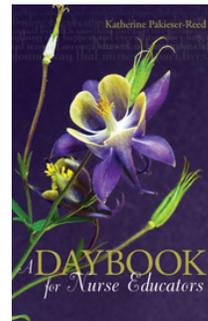
December 2nd (After the Program)

Contact Lynette Dahlman for details: (818) 802-7947

## OHE Member Contributes to STTI Publication

OHE Member Lourdes Salandanan, MSN, RN-BC, FNP can add another accomplishment to her many successes, and that is contributor to STTI's latest in their "Daybook" series directed towards the Nurse Educator.

Those who *can, teach!* And those who teach nursing can now find inspiration in *A Daybook for Nurse Educators*, a recent book offering from the Honor Society of Nursing, Sigma Theta Tau International. Authored by Katherine Pakieser-Reed, PhD, RN, this book is filled with 365 anecdotal, inspirational and reflective nuggets geared specifically for those who teach nursing.



bonus—a topical insight that relates to one of the following: 1) passion, 2) online learning, 3) civility, 4) the global future of nursing, 5) having fun, 6) what your students can teach you, 7) staying a student at heart, 8) teaching, passport to the world, 9) tapping the energy of social media, 10) inspiration, 11) stories are important, and 12) mentor and mirror.

You don't need to wait until January 1 to start using this daybook. It's year-neutral, so you can start anytime and get a year's worth of inspiration before you return to where you began and benefit from the book's insights—and your own—all over again.

-Lynette Dahlman

At the beginning of each month is a

## NPD Certification Review at CVHP

In our last newsletter I mentioned that a number of us had attended the NPD Certification Review Course at Citrus Valley Health Partners.

So far, I am happy to report that both myself and Sue Durette have passed out Board Certification Exam.

Why certify? ANCC board certified nurses must meet strong professional develop-

ment requirements. By keeping abreast of the latest developments in healthcare and making continuing education a priority, ANCC board certified nurses not only maintain their competence to practice, but also boost their professional self-confidence.

So— what are you waiting for?

-Lynette Dahlman, MSN, RN-BC

Always bear in mind that your own resolution to succeed is more important than any one thing

-Abraham Lincoln

